



Matt Hardy

I woke up with a sudden start.

My eyes popped open and I just sat there in bed, my mind spinning.

It a little after 6am. Typically I'd been getting up around 5am.

I guess I'd slept in that day.

What a weird dream.

I had a dream that I was fixing my own teeth. And then all of a sudden in trying to fix one of my teeth, I had a little Dremel style drill and cut a hole in one of my teeth. It was one of my eye teeth.

All my other teeth looked great, but that one tooth now had a huge ugly hole in it.

The dream was in full, vibrant color but I woke up feeling gross.

As I wrote the details of my dream down, I suddenly knew exactly what my dream meant.

The Lord was warning me that in my attempt to grow and deepen my relationship with Him, I was trying to do too much. My "DIY" efforts were set to make things worse.

Once I knew what the dream meant, I knew exactly the corrective action I needed to take.

And I felt relieved.

Thank God for how He can speak and direct us through dreams!

Thank you for downloading this book, feel free to pass it along to anyone else who you feel might be interested in it.

[For more resources, please visit us at UnitedRevival.com](http://UnitedRevival.com)

Table of Contents

Introduction

Key # 1 - The Most Important Thing To Do Before Trying to Interpret a Dream

Key #2 - Not All Dreams Are From God

Key #3 - The Most Important Key To Interpreting Dreams

Key #4 - Who is the Dream About?

Key #5 - What Are the Main Areas of the Dream?

Key #6 - Develop a Symbolic Way of Thinking

Key #7 - Record Your Dreams

Final Thoughts

Introduction

Do you tend to dream a lot?

Or have you had a dream that has really made an impression on you - maybe even years after having had it?

Have you been left wondering what your dream might mean?

Well if so, I'm here to tell you that some of the dreams you're having could actually be coming from God.

Yup. The Creator of the Universe Himself.

And He is probably wanting to speak to you.

Maybe you're thinking it's unlikely that God would want to speak to you through your dreams, but look at what it says in Job 33:14-16:

"For God does speak—now one way, now another—though no one perceives it. In a dream, in a vision of the night, when deep sleep falls on people as they slumber in their beds, he may speak in their ears and terrify them with warnings."

Acts 2:17 takes it a step further in saying, *"I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams."*

In addition to that, the Bible records many different times that God spoke to people (people just like us! See James 5:17) through dreams.

Although not an exhaustive list, you can see Biblical examples of God speaking to people through dreams in these examples:

- Abimelech's dream about Abraham's wife - Gen. 20:3-5
- Jacob's dream of a ladder going into heaven - Gen. 28:11-19
- Jacob's dream about how he could prosper even while working for someone else - Gen. 31:10-13
- Joseph's dream about his future destiny - Gen. 37:5-11
- Joseph's dream interpretation for Pharaoh's cupbearer and baker - Gen. 40:1-13

So from these examples, you can see that there is a Biblical basis for both having dreams from God as well as receiving dream interpretation.

Now, before we get going, there is one important thing to note: Bible based dream interpretation will be different from other forms of psychological dream interpretation (such as Jungian dream interpretation).

The important reason to note for these differences are the source that the understanding is coming from.

In Biblical and Christian dream interpretation we feel that the source of many dreams is God, whereas psychological dream interpretation is based on the idea that your subconscious mind is trying to communicate something with you.

So with each dream interpretation style having a different source, it's easy to see why there can be some big differences in what each style feels a dream might mean.

Now, not ALL dreams are going to be from God as there can be some external factors (like medication, food etc.) that can cause you to have some weird dreams, but aside from that, I've found that many of my dreams have been from God trying to tell me something once I've been able to unlock their symbolic meaning.

And if you try to interpret the dreams of the Bible using a psychological dream interpretation system, you won't get the same interpretation as what the Bible gives us (see the Joseph's dream interpretations for Pharaoh's cupbearer and baker in Genesis 40:1-13).

So with that out of the way, let's look at *7 Keys to Dream Interpretation* that have made a huge difference in helping me understand and interpret dreams.

Ready? Let's go!

Key # 1

The Most Important Thing To Do Before Trying to Interpret a Dream

Before you jump into trying to interpret a dream the most important thing for you to do is stop for a moment.

Just pause and wait for a second.

Then once you've slowed down, take a minute to pray and ask God to help you interpret the dream.

In Genesis 40:8 the Bible says that all dream interpretations belong to God.

So if you want to interpret a dream, there is a Biblical basis for you to ask God for the interpretation.

With Him as the source, and by positioning yourself in such a way as to hear from Him, it will put you in a position to be much more successful in interpreting dreams.

Remember: all dream interpretations come from God, so the source of revelation really matters.

Interpreting dreams is about asking the Lord for help more than trying to memorize a list of symbols, as He can help you unlock the REAL meaning of the dream and how it relates to the dreamer.

And hearing from God takes practice.

I'm learning to hear from God just like you and the more we practice, the better we will become!

Key #2

Not All Dreams Are From God

Now, not all dreams come from God.

There are different things that can influence our dreams from medication to the food we eat.

So if a dream seems super bizarre and you can't understand what it means after praying about it, my suggestion is to just leave it for a bit.

Come back and revisit it a little later on, or you can submit a dream for interpretation here and we might be able to help you out:

<https://unitedrevival.com/biblical-dream-interpretation/>

Just make sure you write it down and keep it in a place where you know you won't lose it. [You can get a dedicated journal to record your dreams here.](#)

One other practical tip that might help you determine the source of a dream is to note if the colors of the dream are vibrant or if they are dull, muted or in black and white.

If the colors are vibrant, the dream is often from God (again, context is king with dreams).

If the colors are dull or if it's in black and white, the dream could be about your fears and coming from your soul or it could be that you're seeing the plans of what the enemy might be wanting to do.

Those sorts of dreams can be scary, but think about it for a moment.

If you have a muted color or black and white dream and it's the plans of the enemy - then you know what to pray against!

It's like God is letting you in on what the enemy's plans against you might be.

Again, this is all dependant on context and asking God to show you what the meaning of the dream is.

But if you've done all you know to do and still can't figure your dream out don't lose hope!

Learning to interpret dreams is a learning process and a journey for all of us.

I'm certainly still learning as I go!

Just relax and let God speak to you naturally.

If it's really important, God will bring the matter up in a different way. Maybe it will be through your Bible reading or through someone else.

Don't forget what Job 33:14-16 says: *"For God does speak—now one way, now another—though no one perceives it. In a dream, in a vision of the night, when deep sleep falls on people as they slumber*

in their beds, he may speak in their ears and terrify them with warnings."

So if you have a dream that doesn't make sense, don't get discouraged - just record it and keep moving on.

Key #3

The Most Important Key To Interpreting Dreams

The most important thing when it comes to interpreting dreams is the context of how the elements are shown in the dream.

Most people's dreams are symbolic and because of this, how the elements of the dream are portrayed or shown in relation to other things can make a really big difference in a dream's meaning.

For example, if you had a dream that you were wearing a huge, oversized hat it would be drawing attention to the symbolic importance of the hat because it's so much larger than other elements of the dream.

How elements interact with each other is also important, as it can give extra insight to as to their meaning.

An example might be that if you have a dream about a dog, it could mean two very different things depending on how it acts.

If the dog is loveable the dog could symbolize friendship or loyalty. On the other hand, if the dog is snarling or growling it could symbolize that someone close to you might be coming against you.

So you can see how context becomes extremely important as it can completely alter a dream's interpretation and meaning.

Key #4
Who is the Dream About?

This is another very important thing to nail down.

For most people, the dream will be about themselves or some element that affects their lives.

In order to figure this out, see whether the dreamer is a part of the dream (IE acting out or interacting with different things in the dream) or just observing things that are happening.

If the dreamer is observing (again, depending on context) the dream might have to do with events affecting the dreamer's life but might not be about them specifically. It may have to do with events that might take place in their family, job or Church.

If the dreamer is engaged in the dream, oftentimes the dream is about the dreamer themselves.

Key #5

What Are the Main Areas of the Dream?

Try to simplify the dream as much as you can. Try to boil the dream down to a few core parts to help clarify and reveal its meaning.

Most people want to have an interpretation for every little symbol in the dream, but in trying to do this the meaning of the dream often becomes less clear and is drowned out in a pile of little details.

Try to stick to the main parts of the dream to make sure you don't go overboard on the little symbolic details of everything that shows up in the dream.

Key #6

Develop a Symbolic Way of Thinking

As most dreams are symbolic and not literal, you will need to develop a symbolic way of thinking.

You can do this by starting to think about what different things mean or stand for.

Symbolic meanings can vary a bit from person to person and between different cultures (which is why it's important for you to ask the God to help you interpret the dream) but most elements have the same or very similar symbolic meanings.

For example, if you dream of a turkey, what would that mean?

Well, in a lot of cases, someone who is said to be a turkey could be someone who isn't very smart or successful. In a lot of cases, it's often communicated in a playful and joking way (What a turkey!).

Or the turkey could be symbolic of Thanksgiving ("giving thanks") because turkeys are often eaten at a Thanksgiving dinner.

What about a wave? What do you think that could symbolize?

Well, think about what it does: waves tend to "wash over" things.

So oftentimes a wave can be a symbol of a move of God (as in the Bible water often represents the Holy Spirit or things of the Spirit) or a coming revival.

That being the case, a wave can be God's Spirit "washing over" people.

But again, often the most important thing with dream interpretation is the context in which these symbols occur.

Key #7

Record Your Dreams

One of the most important things for you to do is to start recording your dreams.

As soon as you wake up, take a few minutes to write down any dreams (or parts of the dream) that you remember.

Write it down in a notebook that you've set aside for just recording dreams. [\(You can see an example of one here.\)](#)

Once you've recorded your dream, make a couple of quick notes about things that stand out to you in the dream.

Make sure to write down how the dream made you feel.

In addition to that, jot down any initial thoughts you might have about its meaning.

Once you've done all that, write down the date of when you had the dream and give your dream a title.

Then you can take some time to prayerfully ask the Lord what the dream might mean if you don't already know.

Final Thoughts

In my own life, I've found these *7 Keys to Dream Interpretation* extremely helpful in starting to understand not only my dreams but other people's dreams too!

And my prayer in sharing these keys is that you will find them helpful in your process of dream interpretation too!

One of the most important things for me has been to write down and journal my dreams.

Not only has it helped me remember key details that I may have forgotten later on, but I found that as I began to write down my dreams, I began to get more of them.

It's like by writing them down, I was showing God that I VALUED the dreams He was giving me, and He began to give me more of them.

In fact, soon after starting to write them down, I found myself having dreams almost every night.

Some nights I'd even have 3-4 different dreams!

So for me, I've found this to be a great way to intentionally interact with the Lord as I have to purposely take time to ask Him what they mean.

In doing that, it's helped me grow even closer to Him in the process.

I believe the same thing is possible for you!

I feel that dreams can be an invitation from God to communicate with Him in a different way... outside of our normal process of praying and reading the Bible.

So with that being the case, I'd like to pray for you right now.

"Lord, thank you so much that You want to speak to us. I thank You for all the different ways You interact with us and - specifically - I thank you for how You can use dreams to speak to us.

I ask that You would begin to increase not only the number of dreams You give us, but that You'd give us an increased understanding of them as well.

That You'd use the dreams we have as invitations for us to learn to hear Your voice when it comes to receiving the wisdom and understanding of what You want to say to us both through our dreams and in our everyday lives.

Lord, may this be an area of our lives that draws us closer to You. Let us be permanently changed as we draw closer to You.

Amen."

For more resources on dreams and their interpretation, please visit our website at:

<https://unitedrevival.com/dream-resources/>

Or, if you would like to have one of your dreams interpreted you can join our email list and we will let you know when we're accepting dreams for interpretation.

You can sign up here (if you haven't already done so):

<https://unitedrevival.com/biblical-dream-interpretation/>

If you've been blessed by this resource, we'd love to hear about it! If you'd like to share it with us, feel free to send us an email at: reports@unitedrevival.com